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**NEW WOMEN'S DAY
SHELTER OPENS IN
DOWNTOWN EASTSIDE**
{page 3}

ZOMBIE LOVE
WORLD'S FIRST 'ROM-
ZOM-COM' DEBUTS
THIS WEEKEND {page 17}



HUSKY, NOT FAT?
MAYBE IT'S TIME WE
USED THE F-WORD
WITH OUR KIDS {page 20}



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Monday, February 6, 2012
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News worth sharing.



► Quarterback Eli Manning of the New York Giants poses with the Vince Lombardi Trophy on Sunday at Lucas Oil Stadium in Indianapolis.

ROB CARR/GETTY IMAGES

Another Gigantic win

Eli Manning is the big man in the NFL after one-upping Tom Brady and leading the New York Giants to a 21-17 victory over the New England Patriots in Sunday's Super Bowl. Story, page 24.

2 men sought in sex attack

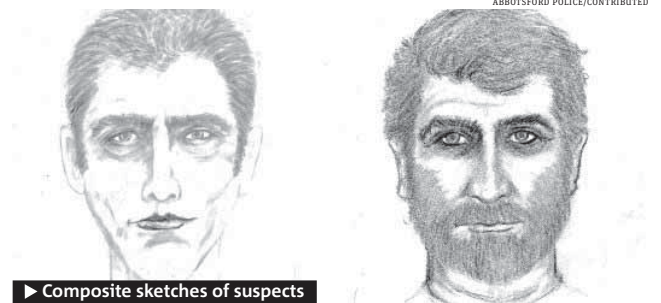
► Woman abducted, assaulted in vehicle ► Abbotsford police determined to find suspects, motivated by victim's strength

Abbotsford police are looking for two "heinous" men who allegedly sexually assaulted a 19-year-old woman after forcing her into their vehicle.

Police said the woman was walking near Pauline and Laurel streets last Thursday at 7 p.m. when she noticed a white pickup truck passing her several times. The passenger of the truck then allegedly pushed the woman into the vehicle and drove to a nearby parking lot where both men sexually assaulted her.

"It's quite possible they might have been prowling in the area, searching the area for a period of time before they came upon her," said APD spokesman Const. Ian MacDonald.

The victim contacted police Friday and gave excellent physical descriptions of both suspects despite being traumatized from the incident, said MacDonald.



► Composite sketches of suspects

Police released sketches of two South Asian men in their late 20s. The driver is described as five feet, 10 inches tall and clean-shaven with short black hair. The passenger is said to be six feet tall with short dark hair and a full beard.

"There's nothing short of this being classified as an act of courage for this young woman to, first of all, muster the strength to get herself home. And then to have the

courage to seek out help is remarkable," MacDonald said.

Police have received several tips and are canvassing the area for witnesses and video surveillance from local businesses.

"We're motivated by her strength and we're equally motivated to get these heinous men off the street," he said.

Anyone with information is asked to call police. ● DANIEL PALMER

ABBOTSFORD POLICE/CONTRIBUTED

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A black and white photograph of David Beckham, shirtless and wearing white boxer briefs. He has extensive tattoos on both arms and a small tattoo on his left ribcage. He is looking directly at the camera with a serious expression, his right hand resting on his head.

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Two dead in head-on crash

Police are investigating a car crash in Maple Ridge that left two teens dead and four others in serious condition early Sunday.

An RCMP officer witnessed a Dodge van colliding with a Honda at Dewdney Trunk Road and Dunbar Street at about 2:25 a.m. The van rolled on its side and emergency crews had to cut the roof off the Honda to rescue the people trapped inside.

The driver of the van and a passenger in the Honda died of their injuries. ● JENNIFER KWOK



► Special effects for Spidey will be done in Vancouver.

Imageworks expanding studios

Sony Pictures Imageworks is doubling its space in Vancouver. The Academy Award-winning operation said it's opening an additional 16,000 square feet in Yaletown by March, two blocks from its other studio. The local studios will be working on visual effects for Men in Black 3, Oz the Great and Powerful, the animated feature Hotel Transylvania and The Amazing Spider-Man. ● PHYLCIA TORREVILLAS



► United Gospel Mission spokesperson Keela Keeping offers a peek of the new temporary day shelter for women on East Cordova Street on Sunday. The shelter, a three-month pilot project, will accommodate 12 single women and women with kids.

Women's shelter opens in Downtown Eastside

► United Gospel Mission aims to offer at-risk women and their children 'rest, safety, meals and the tangible help that they need'



PHYLCIA TORREVILLAS
@METRONEWS.CA

A new temporary day shelter reserved for women opens its doors on Monday in the Downtown Eastside.

The shelter, developed by the United Gospel Mission with the help of the

Downtown Eastside Women's Centre (DEWC), will be open weekdays from 9 a.m. to 6 p.m. for 12 single women and women with children.

UGM spokesperson Keela Keeping said the three-month pilot project aims to keep the women from the DEWC 412 shelter — a nearby emergency

night shelter for women — off the street during the day.

UGM will also provide support services and follow-up.

"Being able to give these women the rest, safety, meals and the tangible help that they need is going to be big," Keeping said, adding that the UGM

centre is also transitioning from a drop-in model to a wrap-around model.

This will allow UGM to help women become independent and competent.

Keeping said that if the shelter is successful and funding can be raised, UGM plans to keep the day shelter open year-round.

1

news


The family of 14-year-old Burton Winters has some pointed questions for the military over the duration of the search for the boy. Scan code for story.

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CREWS ON SITE

Seawall closed for maintenance

Vancouverites hoping to enjoy the balmy weather will need to find somewhere other than the Stanley Park seawall to do so.

Parts of the seawall

are closed today and Tuesday from 7 a.m. to 5 p.m. between Siwash Rock and Prospect Point. Crews will be performing regular maintenance, clearing rockslide debris and removing a tree stump.

Vancouver Park Board spokesman Jason Watson said maintenance is only scheduled when necessary. **DANIEL PALMER**

Sawmill worker remembered

Prominent politicians stood shoulder to shoulder with some 700 residents of Burns Lake, B.C., Saturday as a funeral was held for Carl Charlie, a sawmill worker killed during a horrific explosion and fire last month.

About 700 people attended a different funeral on Friday in Stellako, B.C., for a second worker, Robert Luggi.

THE CANADIAN PRESS

Two survive avalanche

A male skier is recovering from injuries after he and a female companion survived an avalanche Saturday near Kimberley, B.C.

RCMP Cpl. Chris Newel says after an emergency beacon went off, the female skier was able to flag down search-and-rescue teams and lead them to her injured partner. The male skier was alive, but suffered serious injuries to his arm. **THE CANADIAN PRESS**

City catches NFL fever

DANIEL PALMER/FOR METRO



► Seattle Seahawks "Sea Gals" bring their energy to the official Super Bowl party Sunday afternoon at the Commodore Ballroom in Vancouver.

- Commodore Ballroom hosted official Super Bowl party
- Sheepdogs singer stays away from wagering on big game



DANIEL PALMER
VANCOUVER@METRONEWS.CA

The NFL came to Vancouver Sunday as fans and bandwagon football enthusiasts celebrated Super Bowl XLVI.

The Commodore Ballroom played host to the official Super Bowl party and featured NFL legend Marcus Allen and Oakland Raiders wide receiver T.J. Houshmandzadeh.

"I'm going for the white quarterback, you can't go wrong," joked Allen before the New England Patriots and New York Giants took to the field.

The Sheepdogs lead

DAVID J. PHILLIP/THE ASSOCIATED PRESS



► Members of the New York Giants hold the Vince Lombardi Trophy.

singer Ewan Currie, who performed after the game, said he was hoping for a Patriots win but wasn't prepared to bet on it.

"I like to play a little Pro-Line or Sport Select, but my record isn't very good. So I'm wisely staying away," Currie said.

Thank you for making Miracle Day a success.

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Protesters storm Prince Rupert

- More than 2,000 protest pipeline
- First Nation says tanker traffic brings only risk

ROBIN ROWLAND/THE CANADIAN PRESS

First Nations and residents of a community on British Columbia's North Coast are protesting a proposed pipeline that would carry crude oil from Alberta to the West Coast for tanker shipment to places like China.

The No Oil Tankers rally kicked off Saturday morning in a Prince Rupert park and wound its way to a civic centre where First Nations leaders were scheduled to speak and musicians like Bif Naked performed.

Marven Robinson, who is a member of the Gitga'at Nation, says his band organized the event, and participants are



► People perform a drum prayer during the rally on Saturday.

protesting the \$5.5-billion Northern Gateway pipeline project proposed by Enbridge Inc.

Robinson says oil tankers serving the proposed pipeline will provide no benefits and will only pose risks to his community of Hartley Bay.

Residents of Hartley Bay came to the rescue of the B.C. ferry Queen of the North, which sank during an accident in March 2006.

Robinson says the community is still feeling the effects of the ferry's sinking and that diesel is still leaking from the vessel.

THE CANADIAN PRESS



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► Fair-trade supporters form a human chain on Granville Street Sunday afternoon.

Making Valentine's a fair game

A human chain in shades of red, white and pink paraded the downtown streets Sunday afternoon to deliver a Valentine's message.

Supporters of fair trade participated in a flash mob to educate and encourage shoppers to choose fair-trade-certified gifts this Valentine's Day. Led by go-

rilla-costumed organizer Sasha Caldera, seventeen volunteers chanted while handing out fair-trade Valentine cards along Granville Street.

"The idea of fair trade is to help producers get a better price for the work that they do," said volunteer Linda Yauk. "And not just the producers but

everyone in the supply chain.

"It's about getting people to think about how they're spending their money and where their money is going."

Fair-trade products can be found at most grocery stores and retailers such as Ten Thousand Villages.

● JENNIFER KWOK

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Supreme Court to rule on HIV disclosure

Canada's highest court is set to hear arguments Wednesday over whether it's a crime for people with HIV to keep their condition from their sexual partners if the risk of transmission is low.

Prosecutors argue people carrying HIV must al-

ways inform their partners regardless of the risks of transmission. That way, partners can decide if they want to run the risk of contracting the virus.

Advocates argue that such thinking criminalizes carriers of the virus and doesn't acknowledge the science that can determine the likelihood of transmission.

THE CANADIAN PRESS

Baird defends Israel's Iran fear

SEAN KILPATRICK / THE CANADIAN PRESS



► Minister of Foreign Affairs John Baird said yesterday Israel has every reason to feel threatened by Iran.

► Minister: Israel has a right to feel threatened ► Refers to Mein Kampf

Foreign Affairs Minister John Baird invoked images of the Holocaust in defending the notion of possible Israeli military action against Iran.

Appearing on CTV's Question Period Sunday, he suggested the Jewish state has every right to feel threatened and pointed to recent comments by the Islamic republic's supreme leader, who vowed to remove a "cancer" from the Middle East.

Ayatollah Ali Khamenei, in a speech broadcast across Iran on Friday, also pledged to aid any nation or group that challenges Israel.

"Obviously you can understand why the Jewish people and why Israel would take him seriously," Baird said in an interview with the news program from Israel.

Heated words

Baird's comments added to the war of words over Iran's nuclear program.

► The deputy head of Iran's elite Revolutionary Guard, Hossein Salami, also warned that any country in the Middle East whose territory is used to launch a military strike will face retaliation.

► Salami was quoted as saying Tehran will use "retaliatory aggression" against neighbours if they aid in such an attack.

"Hitler wrote Mein Kampf more than a decade before he became Chancellor of Germany. And they take these issues pretty seriously here."

THE CANADIAN PRESS

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Anti-Putin song striking a chord

► Ex-Russian paratroopers write and perform catchy protest song ► Artists use the tune to build support

The most popular protest song in Moscow today comes from burly men in blue berets, unlikely heroes of a peaceful middle-class movement challenging the strongman rule of Vladimir Putin.

The simple but catchy song was performed at a protest rally for the first time this weekend, but many of the tens of thousands in the crowd already knew the words.

On a snowy square across a frozen river from the Kremlin, the protesters sang along with the chorus, which sums up their weariness with Putin as he in-

1M

A video of the former paratroopers and three others performing the song lit up the Internet, getting more than one million views in the first few days.

tends to extend his 12 years in power by winning a presidential election in March: "You're just like me, a man not a god. I'm just like you, a man not a sod."

The men were joined on the stage by some of Rus-

sia's most respected cultural figures who have played major roles in organizing the protests along with veteran politicians now in the opposition.

The former paratroopers' song is just one of the many musical, literary and artistic creations that have inspired and enlivened the protest movement that is still largely the reserve of erudite, urban Russians.

Mikhail Vistitsky, a 45-year-old veteran of the elite force, wrote the lyrics after attending one of the first big anti-Putin demonstrations in late December.

THE ASSOCIATED PRESS

Protest. Site



► Workers in protective gear remove tents, camping gear and debris left by Occupy DC protesters in McPherson Square, Washington, D.C., on Sunday.

CAROLYN KASTER/THE ASSOCIATED PRESS

Occupy DC forced to pack it in

Authorities say 11 people have been arrested in Washington's McPherson Square since park police began clearing away tents Saturday from one of the last remaining Occupy sites in the U.S.

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MONDAY, FEBRUARY 6, 2012

KESTONE MARTIAL TREZZINI/THE ASSOCIATED PRESS

► People walk along an icy promenade on Sunday past ice-covered cars and trees on the shores of Lake Geneva in Versoix, Switzerland.



It's a snow-go all over Europe

► State of emergency called after heavy snowfall

In Bosnia, more than 100 remote villages have been cut off by two metres of snow in the mountains. More than one metre fell in Sarajevo, the capital, where a state of emergency has been declared.

Three helicopters cruised over eastern Bosnia Sunday, delivering food and picking up people who needed evacuation. Sarajevo has been paralyzed since Friday evening and authorities have ordered all schools closed. Residents have volunteered to remove snow and ice from the trams that are stuck along the

"The snow is beautiful, but let's hope spring comes soon."

POPE BENEDICT XVI

city's tracks.

In neighbouring Serbia, officials said 70,000 people remain cut off. So far, 32 municipalities throughout the country have introduced emergency measures, said senior emergency official Predrag Maric. Later Sunday, Serbia's emergency board was to meet to discuss the crisis.

In Montenegro, the

north of the country remained cut off, although emergency crews have managed to clear some of the blocked roads.

The situation also had improved somewhat in Croatia, where bus traffic toward the coast resumed, even as snow slowed traffic throughout the country. In the coastal town of Split, where authorities declared emergency measures, dozens of people sought medical help for injuries sustained on ice and snow. Snow is extremely rare in Split, which is on the Adriatic coast.

THE ASSOCIATED PRESS

QUEEN ELIZABETH II BRAVES COLD, SNOW AHEAD OF DIAMOND JUBILEE

CHRIS JACKSON, WPA POOL/GETTY IMAGES

Queen Elizabeth II braved the cold and snow to attend church Sunday on the eve of her Diamond Jubilee anniversary.

Bundled in a brown coat and matching fur hat, Elizabeth was joined by her husband, Prince Philip, at the service at West Newton church on her Sandringham Estate in eastern England.

Following a service that lasted less than an hour, the queen took time to greet and accept flowers from well-wishers huddled in the freezing temperatures to catch a glimpse of her.

The 85-year-old monarch marks 60 years



► Queen Elizabeth II smiles as she leaves Sunday Service.

on the throne on Monday. The anniversary will be marked by a series of events throughout 2012.

Elizabeth ascended the throne when her father, George VI, died on Feb. 6, 1952. She is the longest-serving monarch after Queen Victoria, who ruled for more than 63 years.

Over the course of 2012, members of the royal family — including Prince William and his wife, the Duchess of Cambridge — will travel to Commonwealth countries including Canada, Jamaica and Belize in honour of the Queen's Diamond Jubilee. THE ASSOCIATED PRESS

U.S. calls for coalition to end Syrian violence

► Russia, China veto UN-backed resolution to stop the bloodshed ► Rebels say only force will oust regime

The United States proposed an international coalition to support Syria's opposition Sunday after Russia and China blocked a UN attempt to end nearly 11 months of bloodshed, raising fears that violence will escalate. Rebel soldiers said force was now the only way to oust President Bashar Assad, while the regime vowed to press its military crackdown.

The threat of both sides turning to greater force after Russia and China vetoed a UN Security Council resolution raises the potential for Syria's turmoil to move into an even more dangerous new phase that could degenerate into civil war.

The uprising, inspired by other Arab Spring revolts,



► U.S. Secretary of State Hillary Rodham Clinton

began in March with peaceful protests against Assad's regime, sparking a fierce crackdown by government forces. Soldiers who defected to join the uprising later began to protect protesters from attacks.

U.S. Secretary of State Hillary Rodham Clinton warned that chances for "a brutal civil war" would increase as Syrians under attack from their government move to defend themselves, unless international steps provide another way.

Speaking to reporters in the Bulgarian capital Sofia, she called the double veto at the UN Security Council on Saturday "a travesty."

"Faced with a neutered Security Council, we have to redouble our efforts outside of the United Nations," she said, calling for friends of democratic Syria to "support the Syrian people's right to have a better future."

THE ASSOCIATED PRESS

Saudi women challenge legality of driving ban

Saudi women leading a campaign against the kingdom's ban on female driving are calling on the courts to take up their lawsuits demanding the right to drive.

Manal al-Sherif said Sunday that she and another woman activist are urging judicial authorities to begin proceedings on complaints they lodged after being refused driver's licences.

Al-Sherif says she filed her suit in November and it was transferred to the Interior Ministry.

Al-Sherif was detained for nearly two weeks last year after posting an online video of herself driving. It helped launch wider protests.

THE ASSOCIATED PRESS

Driven away

► No laws prohibit women from driving, but conservative religious edicts have banned it and officials comply.

Celebrate. With a bang!



► A fire breather keeps the crowd entertained.

AJIT SOLANKI/THE ASSOCIATED PRESS

A show like no other

An Indian Muslim youth displays his skill by blowing a ball of fire as others look on during a procession to celebrate Eid-e-Milad-un-Nabi, or the birthday of Prophet Mohammed, in Ahmedabad, India, on Sunday.

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TREAT YOUR SWEETIE AT A BOUTIQUE WINERY

This Valentine's Day you don't have to travel far or spend a fortune to do something that will knock your sweetie's socks off, according to Andrea Visscher, regional media relations representative of Vancouver, Coast and Mountains Tourism Region.

THE EPICUREAN ADVENTURE

"A lot of people think that to get a good wine tasting you have to go to the Okanagan, but the wine region in the Fraser Valley has produced some beautiful boutique wineries," said Visscher.

The Fraser Valley's Circle Farm Tours are self-guided, showcasing boutique growers and artisans in the region. Talk to the beekeepers and taste local blueberry honey at Chilliwack Honey Farms. Try hazelnut butter from hazelnut growers in Agassiz. Grab a basket and picnic among the grape vines at the lauded Township 7 and Vista D'Oro wineries in Langley.

THE PRIVATE WATERFRONT

Just a 40-minute ferry ride from Metro Vancouver, the Sunshine Coast is a popular vacation spot, and the Rockwater Secret Cove resort in Halfmoon Bay is one reason why. Rockwater's unique



BOB YOUNG PHOTO

Tenthouse Suites are high-end waterfront canvas cabins, furnished with king-sized beds, fireplaces, light therapy bathtubs, and views of the water. The resort has something for everyone, including an in-house elopement specialist, said Visscher.

THE HOT WATER BLISS DESTINATION

Harrison Hot Springs is a beloved spot for many Metro Vancouverites. Visitors can relax at the resort's five natural hot spring pools and Healing Springs spa. Couples looking for added luxury can pamper themselves with a "Time for

Vancouver Coast & Mountains REGION



Two Celebration" package, which includes a mud treatment, reflexology session and a selection of chocolate-dipped fruit.

THE CHARMING HISTORIC ESTATE

Across the water from the hot springs is the quiet town of Harrison Mills, home to Rowena's Inn on the River, housed

in the old Pretty Family estate.

"It's this beautiful white estate with so much character," explained Visscher.

Guests can make excursions to local historic sites, and hiking, snowshoeing and skiing are accessible on nearby Hemlock Mountain. "These areas are so close to Vancouver," said Visscher. "If you're a couple that wants to get away, they're really great, accessible and affordable places to go."

Visit the Vancouver, Coast and Mountains blog at 604Pulse.com.

— Stephanie Orford

Harrison Hot Springs

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Facebook invokes hacking culture in IPO filing

► The term 'hacking,' which dates back half a century, only took on negative connotations in the 1980s ► That outlook is now changing, tech experts say

Facebook's billionaire CEO Mark Zuckerberg calls himself a hacker.

For most people, that word means something malicious — shady criminals who listen in on voice mails or anonymous villains who cripple websites and break into email accounts.

For Facebook, though, hacker means something different. It's an ideal that permeates the company's

culture. The hacker approach has made Facebook one of the world's most valuable Internet companies.

Hackers "believe that something can always be better, and that nothing is ever complete," Zuckerberg explains in an essay, The Hacker Way, included in Facebook's initial public offering, which is seeking \$5 billion US in investment.

"Symbolically, it doesn't bode well to Facebook and to potential investors," says

Robert D'Ovidio, an associate professor of criminal justice at Drexel University



► Facebook CEO Mark Zuckerberg during a meeting in San Francisco last October.

who studies computer crime. "I think it shows maybe an immaturity on his part. He should definitely know better."

By using the word,

Zuckerberg, 27, is also trying to reclaim it. To him, Steve Jobs and the founders of many of the biggest technology companies were hackers. **THE ASSOCIATED PRESS**

Game. Face



► Supermodel Adriana Lima stars in an ad for florist company Teleflora that was set to launch during Super Bowl XLVI. Millions had already viewed the ad online prior to the game.

TELEFLORA/THE ASSOCIATED PRESS

Ads score big bowl buzz

About 20 of the roughly 36 Super Bowl advertisers, eager to stand out during the big game, put their TV commercials online in the days leading up to Sunday's broadcast — a big break with tradition.

Retailer protests Caterpillar

Mark's Work Warehouse has pulled Caterpillar boots from its London, Ont., stores after the heavy-equipment giant shut down a local locomotive plant.

The chain says it's showing support for hundreds of workers who lost their jobs

at the Electro-Motive plant. The retailer announced the move on its Facebook page Saturday, a day after U.S.-based Caterpillar revealed its plans to close the plant following a labour dispute.

Caterpillar said the cost structure at the London plant was unsustainable, even though the company reported a 58 per cent increase in its quarterly earnings. **THE CANADIAN PRESS**

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Waterloo still stands behind RIM

The markets may be hitting Research in Motion hard after its most recent restructuring, but the community considered synonymous with the BlackBerry isn't letting bad news get it down.

RIM shares fell sharply after the company's recent announcement that co-CEOs Jim Balsillie and Mike Lazaridis were stepping down from their lead positions.

The shakeup followed a

bad year that included 2,000 layoffs as RIM lost consumers to the iPhone and Android smartphones, as well as operational problems and public-relations gaffes.

That has left many wondering what RIM's seemingly cloudy future would mean for the region of Waterloo, which experienced a boom after becoming the go-to place for tech companies.

Business and community leaders, however, say the mood hasn't soured in the southwestern Ontario city, because the sector has now grown beyond simply one company. **THE CANADIAN PRESS**

Debt talks continue in Greece

Crisis talks on a debt deal for Greece among the three leaders of parties supporting the coalition government were suspended and

will continue Monday.

The three party leaders held a five-hour meeting late Sunday with Prime Minister Lucas Papademos to hammer out a deal with debt inspectors representing eurozone countries and the IMF, but failed to reach an agreement.

THE ASSOCIATED PRESS

Market moment

TSX	Dollar	Oil	Natural gas
+ 23.8 (12,577.28)	+ 0.6¢ (100.64¢ US)	+ \$1.48 US (\$97.84 US)	\$2.49 US (- 5.5¢ US)
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Ladies and gentlemen, I give you Adrian Dix.

Our next premier.

If the latest poll is right, sometime on the night of May 14, 2013, it will be so (plus or minus 3.5 per cent).

For a while, the polls have shown the NDP ahead of the governing Liberals in voter sentiment. But for the first time, an Angus Reid poll shows voters believe NDP leader Adrian Dix is a better choice for premier than Christy Clark.

Poor Christy. The people have tied one end of a chain around the HST and the other around Christy's ankle and tossed her into English Bay. It will take a political miracle for her to recover over the next 16 months and lead her battered and bruised Liberals to another term in office.

"Poor Christy. The people have tied one end of a chain around the HST and the other around Christy's ankle and tossed her into English Bay. It will take a political miracle for her to recover over the next 16 months and lead her battered and bruised Liberals to another term in office."

Which leaves Adrian Dix, the last man standing after what seems like an endless process of leadership battles and referendums, churned up in the "see ya, don't wanna be ya" exit of the notorious Gordon Campbell.

I'm trying to keep an open mind. Dix was elected to the legislature in 2005, after spending the first part of the decade wandering around the political wilderness as a B-list pundit. He acquitted himself very well, earning a reputation as an astute, if humourless, opposition critic.

Somehow, he beat the equally beige Mike Farnworth to become the NDP leader. And, as leader, he's been a bit of surprise. In a good way. Turns out he has a sense of humour as well as a head on his shoulders.

Compared to the perpetually giddy Ms. Clark, he seems comfortable in his own skin — sharp but level-headed; left-wing without appearing extreme. Kind of the Greg Selinger of B.C. politics. You know, the NDP premier of Manitoba? They're doing all right in Manitoba, aren't they?

But there's still a nagging doubt about Adrian Dix. In 1999, at the height of the Glen Clark scandal, Dix was chief of staff to the premier. He was forced to resign after it came to light that he wrote a phoney, back-dated memo to make it appear that Clark had instructed him to keep him at arm's length from the process of awarding casino licences.

A big mistake? A lie? Yep. Maybe "Tricky Dix" has learned his lesson and will never tell another lie. And maybe he hasn't. So far, he's pretty much had a free ride from the Anybody But Christy Movement. But the last time Mr. Dix occupied the office of the premier, he resigned in disgrace.

I'd be careful what you ask for.

Snow angels leaving an impression on the area

NEWS WORTH SHARING

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

You wake up to 15

centimetres of snow and the first thing that crosses your mind is, "Great, I have to shovel." But then an angel appears and says, "Can I help?"

Last year, Port Coquitlam launched its Snow Angels program, where volunteers clear the snow off of sidewalks for those who are unable to do it themselves.

For the current 20 vol-

unteers, this is an opportunity not only to help others, but to get some exercise. Thirty minutes of shovelling burns more than 200 calories.

"It is satisfying to help others and always makes me smile," says volunteer Nicole Matysiak.

So why not help a neighbour this winter and get in shape?

Volunteer to become a snow angel by visiting portcoquitlam.ca/snowangels.

● CRAIG AND MARC KIELBURGER

Help the good news get around. Send your stories of local heroes and positive action to goodnews@metoweb.com and we will share them right here.

Daily Zoom



Holding on for dear life

Riders literally dragged by horse

SWITZERLAND. First-place rider Fadri Casty, pulled by Bergonzi, centre, competes during the Skijoring Grand Prix Credit Suisse race on the frozen Lake of St. Moritz, during the first weekend of White Turf races in St. Moritz on Sunday.

The unique race, which combines skiing and horse racing, has been an annual event in the town since 1906. **THE ASSOCIATED PRESS**

Taking the sport to the lake

TRADITIONAL. The weekend also includes the Grand Prix American Airlines — a more traditional horse race, if you can call riding horses on a frozen lake traditional.

The participants ride nearly 2,000 metres across the snow and ice, which gives the annual races the name White Turf. The racing wraps up Feb. 19. **THE ASSOCIATED PRESS**



A different kind of rom-com

► Canadian indie director parlayes web donations into rom-zom-com *A Little Bit Zombie*

It was in 2006 that Thunder Bay, Ont.-native Casey Walker set out to make his first feature film and won over the web with his pitch to shoot an "unromantic comedy" for a million bucks.

A lot can change in five-plus years, including the idea for your film, and how much it'll cost to make it.

Walker eventually changed gears and decided to make his debut film a "rom-zom-com" called *A Little Bit Zombie*, which is getting its world premiere this weekend at the Victoria Film Festival. And while he initially nicknamed the project "my million dollar movie," it ended up costing just about double that.

The journey to create his first film actually dates back at least 10 years or so, when he started working on a script for his big-screen debut with another writer.

"We quickly discovered you can't make a movie in this country unless you've made a movie," said Walker.

Years later, inspired by a student's online campaign that collected donations to pay for his tuition, Walker set up mymilliondollar.com, asking for \$10 pledges to help fund his movie.

The website was a hit, made international headlines and gave Walker the push he needed to seriously pursue the film — even if the campaign didn't pay for



► Director Casey Walker, right, talks with cast and crew on the set of *A Little Bit Zombie*.

it entirely.

"We tried to raise a million dollars, that was the goal," he said.

"But we got \$85,000 online, I put in personally another \$275,000 and the rest came from tax credits and the Northern Ontario Heritage Fund Corporation," based on plans to shoot the film in Sudbury, Ont.

Walker went with the zombie theme after meeting with Christopher Bond (co-creator of *Evil Dead*, *The Musical*) and Trevor Mar-

Viewing

For those not in Victoria this weekend, *A Little Bit Zombie* is set to air on Movie Central and TMN (likely in the lead-up to Halloween) and before that it'll hit some theatres.

tin, who would become the writers for *A Little Bit Zombie*.

Kristopher Turner (*The L.A. Complex*, *Instant Star*) stars as mild-mannered

nice guy Steve, who is engaged to raging bridezilla Tina, played by Crystal Lowe (*Hot Tub Time Machine*, *Final Destination 3*, *Smallville*). They're spending a weekend away in a country cabin when things start getting strange, shortly after Steve gets bitten by a mosquito.

That mosquito had just finished feasting on a zombie's blood before getting to Steve.

"The (writers) told me the one-sentence idea of

what happens when a guy gets bitten by a zombie mosquito: he becomes a little bit zombie," said Walker, adding that the film is a fusion of multiple genres and not aimed at one demographic.

"We went for a broad audience ... this is a movie that if you don't love zombie movies, you're going to love, and if you love zombie movies you're going to love it. There's something there for everyone," he said.

THE CANADIAN PRESS

2

scene

Box office



Some unknown kids with superpowers have nudged out the world's most famous teen wizard at the weekend box office. *Chronicle*, featuring a relatively unknown cast as youths who gain telekinetic abilities, debuted as the No. 1 movie with \$22 million. It edged out Harry Potter star Daniel Radcliffe's *The Woman in Black*.

THE ASSOCIATED PRESS



Mel Gibson, LA County sheriff listed as possible witness in deputy's discrimination case

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Blazing a trail in Hollywood

NATHAN DENETTE/THE CANADIAN PRESS

► Actress Pam Grier built career on portraying slew of fearless females ► Blames marginalized audiences, brands for lack of African-American movie roles

Film star Pam Grier says there's still a lack of opportunities for African-American actors in Hollywood and it's partly due to marginalized audiences.

Film investors are looking to make the widest profit margins possible and build upon "brands" (such as actors or franchises) that can "keep the industry going," explains the Foxy Brown screen siren.

And if they do invest in a marginalized brand, the budget will likely be small and sometimes the target audience won't even support it, she said.

"We have conservative African-Americans who will not see certain films, will only see Tyler Perry but will not see Spike Lee," Grier

"It was just basically a moniker that described a black action film."

PAM GRIER, ON HER STATUS AS AN ICON OF BLAXPLOITATION FILMS

er, 62, said in an interview ahead of her appearance at the Canadian Film Centre's celebration of Black History Month in Toronto.

"I know a lot of African-American women that didn't want to see The Help because they had lived it as little girls.... It brought back horrible memories and they couldn't see it, nor will they read the book."

Grier, of course, has helped blaze a trail for African-American women in Hollywood by portray-

ing a slew of fearless female characters, from the voluptuous villain hunter in Foxy Brown, to the private detective in Sheba, Baby, to the vigilante in Coffy. In 1998, she was nominated for the best-actress Golden Globe for playing a fierce flight attendant in Jackie Brown — a role Quentin Tarantino wrote with Grier in mind.

Though she's often referred to as an icon of the '70s classic blaxploitation films, Grier isn't comfortable with the title.

"There were several films done before me by male actors — Fred Williamson, Jim Brown, Isaac Hayes — a lot of black, male-lead films. But when I stepped into the



► Pam Grier

role, now it's 'exploitation,'" she said.

Grier began her empowering career path on the big screen after a lifetime of abuse, she said, noting she was raped twice — first at age six and again at age 18. She said she was also the victim of an attempted rape at age 21.

That's when B-movie honcho Roger Corman cast Grier in the female prison flick The Big Doll House.

"And so that's how I was really transformed and started bringing my strength to the screen, and I just said, 'I've got to fight back,'" said Grier.

THE CANADIAN PRESS

Memoir

Grier runs down her life story in her 2010 memoir, **Foxy: My Life in Three Acts**, which she says is now being adapted for the big screen.

► The book dishes on everything from the men she's dated — including Kareem Abdul-Jabbar, Freddie Prinze Sr. and Richard Pryor — to her job as a receptionist at the American International Pictures Company.

► These days, Grier lives on a farm in Colorado, where

she lets impoverished children ride her four horses for free. She and her sister also knit hats for U.S. military soldiers to wear under their helmets and for chemotherapy patients.

► Grier battled cervical cancer at age 39 and the battle forced her to take a break from acting. It sent her on a life-long journey for alternative and holistic therapies, including Chinese medicine and herbs. Now, she's physically, spiritually and mentally a different person who's found her yin and yang, she said.

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I'm done with the Butterbeers: Daniel Radcliffe

22-year-old Potter star has already decided to give up drinking

Now that he's done being Harry Potter, Daniel Radcliffe is coming clean about wizarding under the influence.

"I can honestly say I never drank at work on Harry Potter. I went into work still drunk, but I never drank at work. I can point to many scenes where I'm just gone. Dead behind the eyes," Radcliffe says in an interview with Heat magazine. "I have a very addictive personality. It was a

problem. People with problems like that are very adept at hiding it. It was bad. I don't want to go into details, but I drank a lot and it was daily — I mean nightly."

We're happy to hear that Radcliffe, wise young man that he is, has since sobered up — allowing us to devise Harry Potter drinking games with a clear conscience. Our personal golden snitch: A shot of him getting queasy on a broom-



► Daniel Radcliffe says he has a "very addictive personality."

stick and/or slurring his way through Parseltongue.

MONICA WEYMOUTH/DOROTHY ROBINSON WILL RETURN TUESDAY

Celebrity tweets



My driver's name is Sayid which reminds me, I miss Lost. #Penny&DesmondForever #Nerd



@ElizabethBanks

@ActuallyNPH



Having a relaxing day with the fam and friends. Making pizzas in the pizza oven. Wine. Swimming. LA is odd when winter feels like summer.



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3
life

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However, registering your children in physical activities may save you some money this tax season. The children's fitness tax credit may allow you to claim up to \$500 of the fees you spend on eligible activities. This gives you a non-refundable tax credit of up to \$75 per child, which could help equip your future sports superstar.

More info can be found at cra.gc.ca/fitness.
NEWS CANADA



Colorado lawmakers delay considering tough restrictions on trans fats at schools.



► One boy from the '80s adventure flick *The Goonies* was openly made fun of because of his weight, and even had the nickname Chunk.

Is it OK to call a fat kid fat?

► Maybe, if it prevents obesity later, says our Mommyish writer

A new study refutes the link between childhood obesity and junk food in schools. The epidemic, it says, is rooted closer to home than we thought. And with one in three kids overweight or obese (in the U.S., at least), it can't just be blamed on a few negligent parents. Well-meaning moms and dads are part of the problem, too.

That's because, in an attempt to bolster their kids

self-esteem by avoiding fat-talk, many have become too afraid to speak plainly and frankly about what is and isn't a healthy body weight.

But putting blinders on isn't going to make the problem go away — or make kids feel any better.

Dr. David Katz of the MindStream Academy in South Carolina, a health and wellness boarding school, has an opinion shared by many: "Never

send your kids the message that they need to lose weight, get thinner, drop pounds, look better, etc.," he said. "If you do, they'll still develop unhealthy attitudes even if you never so much as utter the d-word. Instead, always frame your message

in terms of your kids feeling better about themselves, having more energy, becoming healthier and happier. These are sustainable goals that won't damage your child's self-esteem."

As someone who was overweight as a kid (I even

wrote about how I wished my parents had put me on a diet when I was young), I can attest to the fact that if my parents hadn't been afraid of hurting my feelings and talked to me honestly about weight loss, I'm fairly sure I would have been better off. Their frankness about my health would have been a lot easier to bear than the teasing of kids and the angry voices in my own head about my body.

That's the tricky part: Kids may not tell you that they feel terrible about their body because they're overweight. But the truth

is that few overweight or obese kids are unaware that they're bigger than their peers.

Here's a stat worth remembering: 75 per cent of parents ignore or don't realize that their overweight kids are getting made fun of, and feel bad about themselves, according to Strong4Life, an anti-obesity organization.

I assure you, being the fat kid in class is worse than your mother telling you that fruit is a better snack choice than chips.

CONTRIBUTED BY HANNA BROOKS OLSEN, OF BLISSTREE.COM AND MOMMYISH.COM



HELPING OVERWEIGHT TEENS

UBC researchers are recruiting 11-16 yr olds and their parents to participate in a weight loss study.

What's involved? Learning fun ways to live a healthy lifestyle using our internet program with support from our health counsellors. *Honorarium provided.*

Contact us at **604.875.2000 x 6393** or email mysteps@cfri.ubc.ca for more info.

LOOKING TO MAKE A CAREER CHANGE?

Read **metro**work every Monday & Wednesday.

Dip into water for dinner

► **Dried mushrooms offer a woodsy flavour to fish, and brown butter sauce gives it a nice finish** ► **Ginger and garlic mingle with the spinach side**

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA



Fish Prep:

1 In clean coffee grinder, grind mushrooms

until fine powder. Place in small bowl and add finely chopped coriander; set aside.

2 Coat each piece of fish with mushroom mixture and place in baking dish.

3 Sprinkle fish with salt. In skillet, melt 2 tbsp (25 mL) of butter over medium-high heat until just starting to brown. Add fish, skin side down, if

any, and cook 3 mins. Transfer to parchment paper lined baking sheet and roast in 425°F (220°C) oven for 10 mins. or until fish is opaque and flakes easily.

4 Return skillet to medium high heat with remaining butter and melt, until foamy. Drizzle over fish.

Spinach Skillet Side Preparation:

1 In skillet, heat oil over medium heat and cook garlic and minced ginger, stirring 2 mins. or until softened.

Porcini-Dusted Fish and Spinach



► This recipe makes four servings.

EMILY RICHARDS

2 Add spinach and cook, stirring for about 5 minutes or until spinach is wilted. **EMILY RICHARDS IS**

A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. VISIT EMILYRICHARDSCOOKS.CA.

Ingredients:

Fish

- 1 pkg (14 g) dried wild mushrooms, such as porcini

- 1 tbsp (15 mL) coriander
- 1 ½ lbs (750 g) fresh fish fillets such as cod or trout
- 1/2 tsp (2 mL) kosher salt
- 3 tbsp (45 mL) butter

Spinach

- 1 tbsp (15 mL) canola oil
- 2 cloves garlic, minced
- 1 tbsp (15 mL) ginger
- 1 bag (8 oz/227 g) spinach

Rose Reisman's Choose It And Lose It

Lunchtime faves, such as quesadillas, sandwiches and wraps with seemingly healthy ingredients, can actually pack some hidden fat and calories.



BOSTON PIZZA OVEN ROASTED CHICKEN WHOLE WHEAT QUESADILLA WITH SALSA & SOUR CREAM
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[FOR MORE, VISIT ROSEREISMAN.COM]



Want to get rid of junk mail?

► **Canada Post is trying to help you do just that** ► **And they're working to reduce mail's carbon footprint, too**

BEN KNIGHT
LIFE@METRONEWS.CA

Canada Post is greening up its act. That means the environmental footprint of all your letters and packages is being reduced, as is the carbon cost of all that junk mail.

"We travel about 80 million kilometers every year," says Anick Losier, director of media relations for Canada Post. "We're in every single community in Canada. We have three times as many postal counters as there are Tim Hortons."

For the past three years, Canada's national postal service has been working to reduce its significant greenhouse-gas emissions by 20 per cent by the end of this decade.

"We're using more environmentally-friendly vehicles, and are testing a fully electric vehicle to see how it can fit in Canadian



► Canada Post is greening up its act.

winters," Losier explains. "This is already producing some significant results, just in the past year or so. We've seen about a five per cent reduction in greenhouse gas emissions."

There's also a massive, nationwide overhaul of the company's infrastructure. Old, outdated facilities are being closed, and new,

LEED-certified buildings are taking their place.

Paperless transactions are being encouraged as well.

"We were the first out of the gate, 10 years ago, with ePost," says Losier, referring to Canada Post's on-line bill-payment service. "People wanted to be more green and were seeking alternatives to paper. Now

52.2%

If you think that more than half your mail is advertising, you're correct. Canada Post delivered 5.4 billion pieces of direct-marketing ad mail in 2010 – 52.2 per cent of all letters, packages and other items they handled.

we've got 2.8 million users monthly."

But when many Canadians go to their mailboxes, most of what we receive is advertising. A significant portion is thrown out immediately — and not all of it gets recycled. How can that environmental impact be eased?

"People who do not want to have the flyers — what we call Ad Mail — can register on our website

for the Consumer's Choice program," she says. "They will be on a list when the letter carrier delivers your mail, and will not receive flyers."

The program has been available for 10 years, but remains unpopular.

"We only see about six

per cent of Canadians registering for it," Losier notes. "It was designed to offer alternatives to Canadians. We know that they want to be more environmentally friendly. We want to make sure that they know we understand how important it is to them."



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Canine made a career out of kindness

► How a playful puppy found his calling in caring for others and taught humans a lesson in unconditional love

TURNING POINT

TERESA KRUIZE
LIFE@METRONEWS.CA

When Charmaine Hammond and her husband, Chris, adopted Toby, a five-year-old retriever, they had no idea they had acquired a four-legged demolition dog with separation issues.

After their home was repeatedly ripped apart it was determined that Toby needed a job. Charmaine enrolled him in pet therapy training and it became a turning point for Toby as he began ministering love and companionship to people with mental illnesses. Toby had found his purpose.

For five years Toby faithfully looked after Charmaine and Chris, ministered to his patients



► Corporate trainer, speaker and best-selling author Charmaine Hammond with her award-winning pet therapy dog, Toby.

and visited 10,000 school children to promote literacy and kindness. Char-

maine wrote a book about her adventures with Toby and it's currently in devel-

opment in Hollywood to be turned into a movie.

Last December, Toby

"Toby impacted people around the world and his mission is so important that we must continue it."

MARY MORASSUTTI

passed away peacefully, but in his memory Charmaine is launching a new initiative to coincide with Febru-

ary Random Acts of Kindness month.

"Toby impacted people around the world and his mission is so important that we must continue it."

Toby's Global Kindness Mission will launch on February 14th — the day of love.

How fitting for a determined dog that left an indelible paw print on so many hearts.

Lessons I learned from Toby

Charmaine Hammond shares her thoughts on a dynamic dog

- **Perseverance and Commitment.** Toby never gave up.
- **Hope.** In the most difficult of days hope carries you through.
- **The power of kindness.** I would watch Toby connect with people and it was such a beautiful, deep sharing of kindness.
- **Unconditional acceptance.** He never judged, and always accepted people for who they were and where they were at that moment.

To find out more about Toby's Global Kindness Mission, go to ontobyterms.com.

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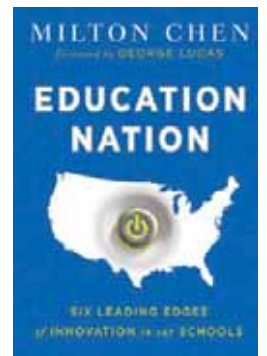
► A look at in-school innovations

BRUCE WALSH
LIFE@METRONEWS.CA
MWN IN PHILADELPHIA

For more than a decade, Milton Chen was the executive director of the George Lucas Educational Foundation. The foundation's flagship website, Edutopia.org, represents Lucas' vision for classrooms of the future.

Chen's new book, *Education Nation: Six Leading Edges of Innovation in Our Schools*, highlights the technologies and theories Chen views as transformative possibilities for a better, more equitable education system in the U.S.

"In every urban district in every state there are these severe inequalities. That is historic. It's based on the way in which schools are funded, and the ability of suburban schools to build a much greater economic base," says Chen. "But I think part of the hope for this new age of learning is that technologies can help reduce those



inequalities."

Before taking the lead at GLEF, Chen was a pioneer in educational television, working as a research specialist for Sesame Street.

He compares much of the current backlash against new classroom technologies to the debate over educational television he witnessed in the '70s and '80s.

"Sesame Street changed our view of how early kids can learn. Suddenly, kids were coming to school already knowing their letters and numbers."

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4
sports

Quoted



"I'm very pleased to sign this extension. I believe I can continue to contribute to the team in a variety of roles and this demonstrates that both Wally and (head coach Mike Benevides) feel the same way."

WIDE RECEIVER PARIS JACKSON, WHO SIGNED A CONTRACT EXTENSION WITH THE B.C. LIONS ON SUNDAY. JACKSON PLAYED PRIMARILY AS A BACKUP FOR THE LIONS LAST SEASON, WITH SEVEN RECEPTIONS FOR 117 YARDS, INCLUDING A 51-YARD TOUCHDOWN STRIKE AGAINST THE EDMONTON ESKIMOS IN WEEK 17. HE HAS SPENT ALL NINE SEASONS OF HIS CFL CAREER WITH THE LIONS, TOTALLING 5,533 YARDS AND 31 TDs.

Eli drives Giants to greatness

► New York wins Super Bowl on last-minute touchdown from Bradshaw ► Patriots come up short in the big game vs. Giants for second time in four years ► Manning named game MVP



Take that, Brady. You too, Peyton.

Eli Manning is the big man in the NFL after one-upping Tom Brady and leading the New York Giants to a 21-17 victory over the New England Patriots in Sunday's Super Bowl — in older brother Peyton's house, at that.

Just as Manning did four years ago when the Giants ruined New England's perfect season, he guided them 88 yards to the decisive touchdown, which the Patriots didn't contest as Ahmad Bradshaw ran six yards with 57 seconds left.

Patriots coach Bill Belichick reasoned the Giants would run the clock down and kick a short field goal, so he gambled by allowing the six points.

The gamble failed.

And now Manning not only has stamped himself as the elite quarterback he claimed to be when the season began — in the same class as Brady — he's beaten the Patriots in two thrilling Super Bowls. The Giants, who stood 7-7 in mid-December, now own the football world, and Manning owns two Super Bowl MVP awards, the same number as Brady.

It was a classic quarter-



► The New York Giants celebrate in front of New England Patriots QB Tom Brady after winning the Super Bowl in Indianapolis on Sunday night

back showdown, and Manning won. He finished 30-for-40 for 296 yards and one touchdown, while Brady was 27 for 41 for 276 yards with two TDs and one interception.

"It's been a wild game, a wild season," Manning said. "This isn't about one person. It's about one team, a team coming together."

Manning led six comeback victories during the season and set an NFL record with 15 fourth-quarter touchdown passes. He showed that brilliance in the clutch on the winning drive. He completed five passes, including a sensational 38-yard sideline

catch by Mario Manningham to open the drive.

On second down at the Patriots six-yard line and with only one timeout remaining, Belichick had his defence stand up as Bradshaw took the handoff. Bradshaw thought about stopping short of the end zone, then tumbled in untouched.

Brady couldn't answer in the final 57 seconds, although his desperation pass into the end zone on the final play fell just beyond the grasp of All-Pro tight end Rob Gronkowski. New England, winner of 10 straight since a loss to the Giants in November, was done.

Brady headed off with his head bowed, holding his helmet, while around him was the wild celebration by the Giants, NFL champions for the eighth — and perhaps most unlikely — time.

"Great toughness, great faith, and great plays by a number of guys today," Manning said, deflecting some of the attention. Still, he one-upped Brady. And Peyton, the Indianapolis Colts quarterback who has one championship ring of his own but didn't play this season as he recovered from neck surgery.

"It just feels good to win a Super Bowl, it doesn't

Riot squad

Hundreds of police officers in riot gear gathered in the streets, focusing on the areas near college campuses and sports bars, where previous celebrations had turned wild.

► At the University of Massachusetts-Amherst, police used flash grenades to disperse hundreds of students who gathered in the main residential part of the campus.

matter where you are," Manning said.

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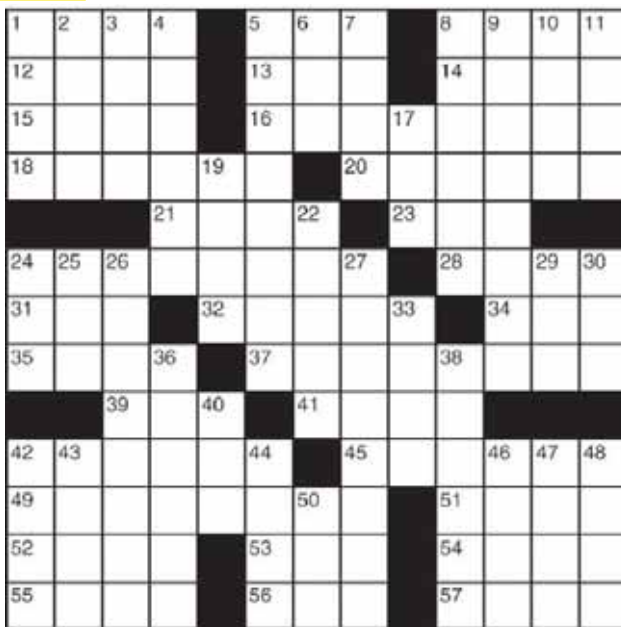
Crossword

Across

- 1 Player of old 45s
5 Small barrel
8 Rotate
12 Thing
13 Romano or Liotta
14 Choir voice
15 Wound cover
16 Incoming flights
18 Horror movie reaction
20 With uniformity
21 Boast
23 Big laugh
24 In handcuffs, maybe
28 Tower city of Italy
31 Debt letters
32 Gin and —
34 Convent person
35 Give temporarily
37 Set up
39 Neighbour of Kan.
41 Architect Saarinen
42 Short coat
45 OPEC, for one
49 Over-bearingly proud
51 Bamako's land
52 Warm and cozy
53 Hair salon application
54 "Woe is me!"
55 Enlivens, with "up"
56 Pigpen
57 Period after Mardi Gras

Down

- 1 Greet the villain
2 Need to scratch
3 "— Factor"
4 Drink to excess
5 Indo-nesian volcano
6 Listening organ



- 7 Move in a spiral
8 Prepare for a big purchase
9 Recent fad
10 "— have to do"
11 Inquisitive
17 Wall climber
19 Formerly, formerly
22 Literary category
24 Have a bug
25 Fish eggs
26 Second-place contestant
27 Without detouring
29 Take to court
30 Moreover
33 Irene of "Fame"
- 36 Clears the wind-shield, in a way
38 Standard
40 Plead
42 Grate
43 Sea eagle
44 Tatters
46 Story
47 Verve
48 Roster
50 Butterfly catcher

► Friday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ►

9	4	8	6	2	7	5	3	1
3	5	7	1	9	8	6	2	4
2	1	6	3	5	4	7	9	8
6	9	1	2	7	3	8	4	5
7	2	4	8	6	5	3	1	9
5	8	3	9	4	1	2	6	7
8	7	9	4	3	6	1	5	2
4	3	5	7	1	2	9	8	6
1	6	2	5	8	9	4	7	3

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

Sorry for everything I tried million times to say sorry, i just can't help my imaginations. I dreamed come over to you again and again. Very sorry for myself and for your for everything i did so stupid. I mixed up the person and the things always. sorry and i swear never bother you intent to call you text you anymore ok.

FROM I SHOULD KNOW

suga is this more than you bargined for yet.....isnt it messed how im just dying to meet him. Drop a heart,, break a name.

FROM SOUR

ZANDAN

love is kind ,, started of this year and i didnt think i be falling for you now,,, <3<3

FROM LORI

Today's horoscope

♈ Aries March 21-April 20

Someone you usually get along with will be a bit of a pain today, and maybe tomorrow too.

♉ Taurus April 21-May 21

If you reach for something too quickly today you may find that it slips from your grasp.

♊ Gemini May 22-June 21

You may have to sacrifice your own needs today as a partner or loved one demands that you spend more time with them.

♋ Cancer June 22-July 22

You may find that family and friends are no longer as supportive as they once were but it's no big deal so don't get excited.

♌ Leo July 23-Aug. 23

It may seem as if certain people have got it in for you but have they really or is it your mind playing tricks on you?

♍ Virgo Aug. 24-Sept. 22

It's hard not to be suspicious, especially when all the evidence suggests that a colleague is trying to get ahead at your expense.

♎ Libra Sept. 23-Oct. 23

If you want someone to follow your instructions today you will have to use charm rather than coercion.

♏ Scorpio Oct. 24-Nov. 22

Take care that in trying to find a solution to one problem you don't

For today's crossword answers and for expanded horoscopes, go to metronews.ca create more problems.

♐ Sagittarius Nov. 23-Dec. 21

You are in a generous mood and will do almost anything for almost anyone who needs your help.

♑ Capricorn Dec. 22-Jan. 20

The full moon will pull you in different directions over the next 48 hours.

♒ Aquarius Jan. 21-Feb. 18

You will be somewhat impulsive today and tomorrow, especially where affairs of the heart are concerned.

♓ Pisces Feb. 19-March 20

Someone in authority will flex their muscles today.

● SALLY BROMPTON

Caption contest



"Hey Coach how much longer? My legs are numb....Coach?.... Hey Coach?"
Rachelle



You write it!

WIN! Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in Tuesday's Metro.

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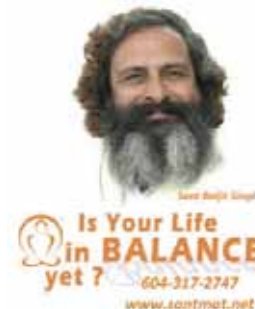
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Visit douglascollege.ca/info for dates, times, locations and other info sessions.